



Your ultimate health and beauty solution!



## 2-IN-1 BEAUTY AND HEALTH

### COMBO AT ONE EASE

Mighties M is a superfood containing spirulina extract. Spirulina is a valuable whole food and calcium which is rich in protein, essential fatty acids (including rare gamma-linoleic acid (GLA), carbohydrates and trace minerals (such as magnesium, selenium, zinc). Spirulina has been around for more than 3.5 billion years and is composed of more than 65% protein.

### **SUPERFOOD SPIRULINA**

### NATURAL GIFTS FROM ANCIENT TIMES

Known as

"THE MOST IDEAL FOOD FOR MANKIND"

United Nations World

"THE MOST IDEAL AND PERFECT FOOD FOR TOMORROW" "FOODS WITH THE BEST NUTRITIONAL VALUE FOR MANKIND IN THE 21ST CENTURY" World Health Organization (WHO)



Known as the most nutritious food in the 21st century, the United States and European Space Agency (NASA) and (ESA) have designated it as the main necessary food for astronauts while performing tasks. Cyanobacteria have a history of 3 billion years, it is the earliest multicellular organism that can go through photosynthesize process and produce oxygen on the earth, and due to this abundant oxygen, subsequent animals and plants can be derived. It is also the most viable plant on the Earth.

### MAIN SUPER INGREDIENTS

### The diamond of nutrients: Phycocyanin

**Mighties M** uses "phycocyanin" extracted from cyanobacteria, which is a very rare natural nutrient that exists only in cyanobacteria. It is not only bright in color, but also a nutrient-rich protein. It has a complete amino acid composition and own high content of essential amino acid. Phycocyanin has anti-cancer effects, can help to promote blood cell regeneration, ovary protection, and promotethe synthesis of elastin in the human body. It also possesses both health and beauty benefits, which can help to regulate the human immune system, enhances immune system function, and improves the body's resistance ability to fight diseases.

The phycocyanin extract in this product is an edible cyanobacteria breeding in freshwater lakes, Due to frequent volcanic activity near the lake, a molten slurry with abnormally rich minerals flows into the lake, resulting in high nutrients concentration of cyanobacterias breeding in the lake. As one of the foods with the highest nutritional density on the planet, it is a natural antioxidant with a variety of effects such as enhancing immunity, antibacterial, and antiviral.







SOD (Superoxide Dismutase) content reaches 20,000 to 60,000 units.

The phycocyanin content is as high as 17%, which is the highest in plants.

Vitamin E content is highest in plants

The protein content is about 60% -70%, while soybean is 40%, milk powder is 13-22%, and meat is 16-22%

Vitamin B12 is the highest in plants

The content of vitamin A is 15 times that of carrots, and it is the highest in natural foods

# Characteristics

### CONTROL BLOOD SUGAR

It possesses lowering blood sugareffect and its effect could be same or better than common type 2 diabetes medicine, which can reduce the risk of diabetes-related death.

#### **RESIST HYPERI IPIDEMIA**

It can slow down cholesterol absorption, scavenge free radicals, inhibit lipid peroxidation, inhibit NADPH oxidase performance, increase activity of superoxide dismutase, and reduce the production of proinflammatory cytokines.

### NATURAL ANTIDOTE

Environmental pollutants have become the biggest threat to human health. From common diarrhea and pneumonia to cardiovascular disease and cancer, it can be directly or indirectly triggered by these harmful substances.

### FIGHT INFLAMMATION

Has excellent antioxidant and anti-inflammatory effects, can effectively reduce harmful free radicals in cells, slow down the inflammatory response, inflammation is the underlying cause of almost all diseases, including cardiovascular disease, diabetes, Alzheimer's disease, hypertension, cancer and other major diseases.



Bio-modulates physical wellness for overall energy and performance

Provides essential amino acids that nourish the brain and every system in the body

Promotes enhanced absorption and assimilation of food nutrients

Supports cardiovascular health

Supports a healthy digestive system

Helps maintain normal cholesterol levels

Sustains healthy immune system function

Provides a natural source of omega-3 and omega-6 essential fatty acids

Offers a vast array of micronutrients

### **OTHER SUPER INGREDIENTS**



## Wild Aphanizomenon flos-aquae extract



- Contains unique polysaccharides, nutrients that support a healthy immune system\*
- Contains Phenylethylamine (PEA), nutrients that may help enhance feelings of well-being\*
- Provides antioxidant protection against free radicals\*
- Contains phytonutrients, amino acids, PUFA's, and trace minerals\*

## Soy Oligopeptide



Consist of many kinds of functional peptides, including antioxidant, antihypertensive, anti-fatique, immuno- proliferation.

## Red Grapes



- Red grapes are very low in calories and rich in nutrients. It can supply a lot of vitamins.
- The fiber and organic acids in red grapes possess good weight loss and slimming effects, at the same time it is also good for cardiovascular health.
- It contains a substance called resveratrol, which can help in fat burning and prevents the development of fat cells.

### Peppermint



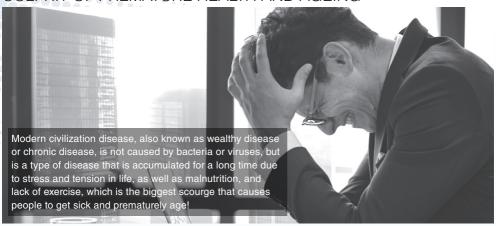
- Anti-inflammation
- Promote digestion
- Ease Digestive Upsets.



### **CIVILIZATION DISEASE**



## CULPRIT OF PREMATURE HEALTH AND AGEING



### THREE MAJOR CIVILIZATION DISEASES



### CARDIOVASCULAR DISEASE

Every year, the number of people who have brain disease and die due to brain stroke Increase gradually. Coronary heart disease which also known as number one killer increased itsdeath rate by 53.4% in the city over the past eight years. The etiology is related to hypertension, hyperlipidemia, hypercholesterolemia, diabetes, obesity, smoking, chronic calcium deficiency, and lack of exercise



### **CANCER**

Global morbidity is on the rise and in the trend of getting younger. Its morbidity and death rate are high, causing huge losses to society, which make it the second killer



### DIABETES

Due to stress, fatigue, mental stimulation, virus infections, obesity and medicine that causes the raise of blood sugar, resulting in insulin deficiency or an increase in hormones that antagonize insulin, or that insulin cannot function normally in target cells, eventually lead to a complex diseaseof fat metabolism disorders.

## BENEFIT TO THE FOLLOWING ETHNIC GROUP

- HIV/AIDS
- Slip Disc
- Cancer
- Inflammation / Digestive Issue
- Diabetes
- Immune System Disorder
- Stroke
- Heart Disease

- Uric Acid / Gout / Rheumatoid Arthritis
- Fatigue
- Insomnia/ Smoker and alcoholic
- Depression / Anxiety Disorder